



## 7 DAY ECOCAMP SALKANTAY TO MACHU PICCHU

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**Trip Duration:** 7 days

**Trip Difficulty:**

**Destination:** Peru

**Begins in:** Cusco

**Activities:** 



### INCLUDED

- Airport transfers
- Ground transportation
- Accommodations
- Entrance fees
- Water (boiled)
- Meals as described in itinerary
- Oxygen & first aid kit
- Expert guides & assistant guides

### EXCLUDED

- Airfare
- Trekking/hiking poles
- Tips

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Ultimate Expeditions® was born out of our need for movement, our connection with nature, and our passion for adventure.

**We Know Travel.** Our staff has traveled extensively to 40-50 countries each and have more than 10 years of experience organizing and leading adventures in all corners of the globe through the world's most unique, remote, beautiful and exhilarating places. We want to share these destinations with you.

**Why Ultimate Expeditions®?** We provide high quality service without the inflated cost. Our goal is to work with you to create the ideal itinerary based on your needs, abilities and desires. We can help you plan every aspect of your trip, providing everything you need for an enjoyable experience.

### Ultimate Expeditions®

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## 7 DAY ECOCAMP SALKANTAY TO MACHU PICCHU

### Itinerary

#### DAY 1 Arrive Cusco

Arrive Cusco with a transfer to your hotel; a welcome meeting will be organized by your guide for a quick briefing of the tour. The rest of the day can be spent exploring Cusco, the ancient capital of the Inca Empire, set in the Andes Mountains. Discover Spanish churches and mansions that sit alongside Inca remains and enjoy the vibrant nightlife or sampling Peruvian restaurants.

#### DAY 2 Cusco - Pincopata Camp

You will be picked up from your hotel at 8 am and driven to the Condor Viewing Point at Chonta, with a stop along the way to explore one of two archaeological sites: Quillarumiyoc or Tarawasi. These sites were important ceremonial sites to the Inca. Quillarumiyoc was dedicated to worship of the moon, and Tarawasi was a ceremonial and rest stop on the road to Chinchaysuyo. You will enjoy vistas of the Limatambo valley dotted with small farming communities. Once in Chonta, you will hike for approximately one hour through the Apurimac Canyon, one of the deepest in Peru. After enjoying a boxed lunch at the condor viewing point, we continue to Pincopata EcoCamp – luxurious glamping at its finest. You will be welcomed with a freshly prepared fruit juice and tempted with an optional massage or if you are feeling active you can embark on an optional horseback or mountain biking tour. The day ends with a tasty three-course Peruvian meal. (Breakfast, Lunch, Dinner)

#### DAY 3 Soyray EcoCamp

After breakfast, we drive 15 minutes to Marcoccasa, where the trail begins follows an aqueduct overlooking the spectacular Rio Blanco Valley and surrounded by the snow-capped peaks of the Humantay and Salkantay Mountains. We arrive at Soyray EcoCamp in time for a lunch, during the afternoon you can hike to Lake Humantay (about an hour and a half hike) a breathtaking glacially fed lake nestled between glacial moraines, remnants of once larger glaciers that covered the area near the base of the southern face of the mountain. (Breakfast, Lunch, Dinner)

#### DAY 4 Pincopata EcoCamp

The day begins trekking from the bottom of the valley that gradually ascends while crossing several small grasslands. The final climb to Abra Pass is challenging but rewards with magnificent views of Salkantay's snowy and rugged south face. You then descend the pass for lunch and after return to Soyray to be transported back to Pincopata EcoCamp. (Breakfast, Lunch, Dinner)

#### DAY 5 Machu Picchu - Aguas Calientes

Today you will travel through small Quechua villages in the Sacred Valley to Ollantaytambo where you will catch the train that takes you to the village of Aguas Calientes (Machu Picchu Pueblo) and enjoy lunch on the train. Upon arrival to Aguas Calientes, you will travel with our local guide by bus to the Incan ruins of Machu Picchu. Here you will discover the mysteries and magnificence of the sacred city of Machu Picchu. Options during this visit include climbing Machu Picchu Mountain or Huayna Picchu Mountain. These climbs are physically challenging, but the outstanding views from the peak of both mountains make the effort worthwhile. Once back in Aguas Calientes, we will relax at our hotel for the night. For an additional fee, you can take advantage of the hot springs in the town. (Breakfast, Lunch)



**DAY 6 Cusco**

After breakfast, you take the train back to Ollantaytambo from where you will transfer by road to Cusco. You will have the afternoon free to explore Cusco and later enjoy a nice farewell dinner in town while celebrating the completing of your beautiful journey. (Breakfast)

**DAY 7 Depart**

After breakfast you will be safely transferred to Cusco airport for your departures. (Breakfast)

## PERU

### Best Time to Visit

Peru experiences two main seasons. The dry season, May through October offers sunny blue sky days and chilly nights. November through April is the rainy season with significantly more rain from January through April. Traveling during off-peak season means less crowds, greener scenery and lower rates, however, expect frequent showers, unpredictable weather with varying conditions.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	65	65	66	67	67	66

Average Low (F)	43	43	43	41	36	32
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Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	66	67	68	69	69	69

Average Low (F)	32	35	39	41	42	43
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### Entry Requirements

No visas required for Peru. A passport valid for six months after date of entry is required. Visitors must hold return/onward tickets and all documents required for their next destination.

### Vaccinations

Hepatitis A and B, Tetanus, and Typhoid immunizations are recommended for all travelers. Malaria prophylaxis is recommended if you are traveling to jungle regions and you should consult your local doctor or physician to advise which malaria medication is best suited for you. Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the CDC's Internet site at <http://www.cdc.gov/travel>.

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into South America. This will eliminate any credit card holds for fraudulent activity.



### Currency

Carrying cash, an ATM or traveler's check card and also a credit card that can be used for cash advances in case of emergency is advisable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is Peruvian Nuevo Sol (PEN), and it is advised to carry hard notes of USD. Better hotels, lodges, and camps might accept credit cards; however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Peru – is a constitutional republic.

### Religion

Roman Catholic 81.3%, Evangelical 12.5%, other 3.3%, unspecified or none 2.9%.