



## 8 DAY TORRES DEL PAINE "W" TREK

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**Trip Duration:** 8 days  
**Trip Difficulty:**     
**Destination:** Chile  
**Begins in:** Santiago  
**Activities:** 

### INCLUDED

- Airport transfers
- Ground transportation
- National Park fees
- Accommodations
- Sleeping bags & liners
- Boat ride on Grey Lake
- Meals (as mentioned in itinerary)
- Expert guides and porters

### EXCLUDED

- Airfare
- Lunch on day 7
- Beverages
- Ice Hike & Kayak activities
- Tips



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### Ultimate Expeditions®

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## 8 DAY TORRES DEL PAINE “W” TREK

### Itinerary

#### DAY 1 Arrival in Santiago

Your first day begins in Santiago, the capital and largest city in Chile. Rich with history the downtown core is of 19th century neoclassical architecture and winding side-streets, dotted by art deco, neo-gothic buildings. After an airport transfer to your hotel, you can spend the day exploring the history of this cultural capital. Overnight in Santiago (Hotel Plaza San Francisco).

#### DAY 2 Fly Santiago to Punta Arenas - Transfer to Torres del Paine National Park

It is ideal to get an early morning flight from Santiago to Punta Arenas as it gives you the opportunity to relish panoramic vistas of the Patagonian Ice Fields. On arrival, a private transfer service will transport you to Torres del Paine National Park. Along the way, you can view the Tierra del Fuego Island and the Magellan Strait. This 5-hour drive will allow you to observe huge estancias (ranches) and open pampas and view some of the most unique animals. You will also pass through Puerto Natales – a mountain-fringed fishing town, on the Sound of Last Hope. Your drive will take you through unpaved roads to the Torres Del Paine National Park. Here you will have the opportunity to view and photograph exotic birds, as you pass through lagoons filled with black-neck swans and Chilean flamencos. (L-D) (Overnight at Refugio Las Torres)

#### DAY 3 Round-trip Hike to Las Torres Lookout

Your second day begins with a trek to the Towers base, following the trail of the Ascencio River towards the Ascencio Valley. Your uphill hour-long hike will offer stunning valley views fringed with unparalleled beech forests, waterfalls and glaciers. We will then climb up to a huge moraine terminal with a 2,952 foot high lookout; this outstanding view is complemented with lunch. The descent begins along the same path back to the hut. This 11 mile round-trip hike takes roughly 7-8 hours. (B-BL-D) (Overnight at Refugio Las Torres)

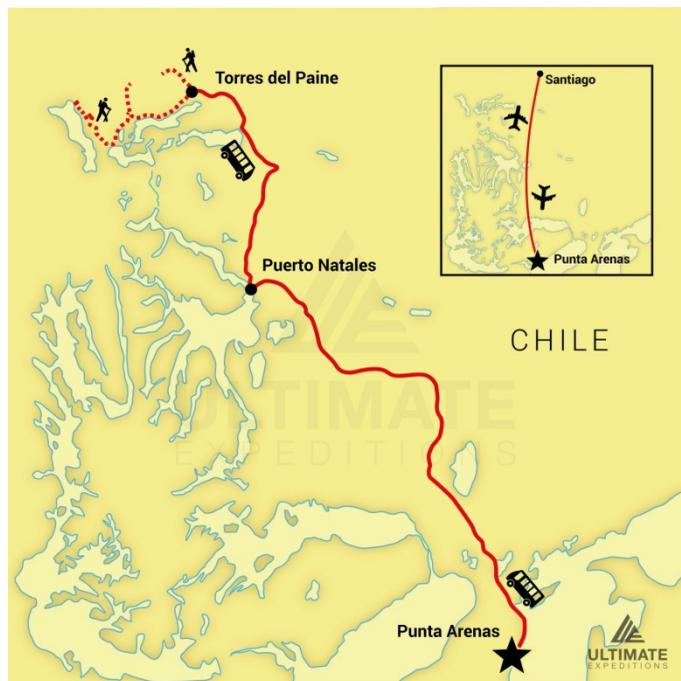
#### DAY 4 Hike to Los Cuernos Lookout

Your early morning start will enable you to enjoy a spectacular dawn infused with exciting oranges and pinks (weather permitting). On this trail, you may see eagles hunting small rodents and the possibility of spotting an Andean condor are good. The well-marked trail ascends to around 656 feet from the Almirante Nieto Mountain base which stands at 8,858 feet above sea level. You will cross the Bader River to Refugio Los Cuernos. This 10.5 mile hike takes approximately 6 hours. (B-BL-D) (Overnight at Refugio Los Cuernos).

\*Option: upgrade to a two-bed private cabin with shared bathroom and free hot tub access for \$90 per cabin.

#### DAY 5 Hike to Pehoe Lake, via the French Valley

Your day begins with a 2 hour hike on an undulating path before reaching the French River for glimpses of the gorgeous hanging glacier. You will then ascend roughly 980 feet for approximately an hour through the stunning Japanese garden landscape, where you will cross impressive beech forests to reach the viewpoint of the French Valley for majestic vistas of lakes and mountains. They return route is the same until the valley entrance, from here, you will take a different trail around the Paine Grande's southwest side through the native Chilean evergreen beech forests up to Lake Pehoe's shores. The entire 11 mile hike takes around 6 hours. (B-BL-D) (Overnight at Refugio Paine Grande)



**DAY 6 Hike to Grey Glacier (Optional Ice hike on Glacier)**

Your day begins with an early morning hike to the Grey Glacier. You will initially climb up a winding narrow path to the Negra Laguna, where you will savor incomparable views of the South Patagonia Ice Field with its countless unclimbed mountains. The hiking trail crosses rivers and forests where you can enjoy sightings of exotic creatures like the flying steamer duck.

Optional Ice Hike: You will take a 20-minute zodiac trip to the Nunatak western side and then hike for an hour to reach the glacier. Here expert guides will prepare you with the necessary equipment for your ice hike. Return to the Refugio for dinner. The hike to Grey Glacier is roughly 4 hours and 7.5 miles. (B-L-D) (Overnight at Refugio Grey)

**DAY 7 Navigation at Grey Lake – Transfer to Natales**

You have an optional morning kayak at Grey Lake. At 9am, you will be taken to the lakeshore, where expert guides will prepare you with the equipment needed, along with a safety briefing. You will have the opportunity to paddle around floating icebergs in the lake.

At 1.30 pm, you will commence an exciting boat adventure. You will get an opportunity to navigate along the glacier to see the calving of icebergs. Your return trip delivers stunning vistas of Paine Grande with its imposing ice mushrooms and different blue tones. You will then be transferred back to Puerto Natales, where you will enjoy a farewell dinner. The optional kayaking trip is 2.5-hour of paddling. The boat adventure is 2 hours on Grey Lake with a 2-hour transfer. (B-BL-D) (Overnight at Hotel El Muelle)

**DAY 8 Transfer to Punta Arenas Airport - Fly to Santiago**

On the last day, you will be transferred to Punta Arenas, where you will catch your outbound flight to Santiago. (B)

## CHILE

### Best Time to Visit

Chile within its borders hosts at least 7 major climatic subtypes, ranging from desert in the north, to alpine tundra and glaciers in the east and southeast, humid subtropical in Easter Island, Oceanic in the south and Mediterranean climate in central Chile. There are 4 seasons in most of the country: summer (December to February), autumn (March to May), winter (June to August), and spring (September to November). On a synoptic scale the most important factors that controls the climate in Chile are the Pacific Anticyclone, the southern circumpolar low pressure area, the cold Humboldt current, the Chilean Coast Range and the Andes Mountains.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	64	65	65	65	65	65
Average Low (F)	49	49	49	50	49	48

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	66	67	67	67	66	65
Average Low (F)	48	48	48	49	48	49

### Entry Requirements

Chile Visas are issued on arrival. US Citizens pay \$140 per person. A passport valid for six months after date of entry is required. Visitors must hold return/onward tickets and all documents required for their next destination.

### Vaccinations

Hepatitis A and B, Tetanus, and Typhoid immunizations are recommended for all travelers. Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the CDC's website at <http://www.cdc.gov/travel>.

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into South America. This will eliminate any credit card holds for fraudulent activity.



### Currency

Carrying cash, an ATM or traveler's check card and also a credit card that can be used for cash advances in case of emergency is advisable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is Chilean Peso (CLP), however most places do not accept USD. Better hotels, lodges, and camps will accept credit cards, however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Chile takes place in a framework of a presidential representative democratic republic, whereby the president is both head of state and head of government.

### Religion

Citizens of Chile most commonly identify themselves as Christian (Catholic with an estimated 70%). Other denominations include: Protestant or Evangelical, Jehovah's Witnesses, Jewish, Baha'I and Muslim.