



## 6 DAY LOS GLACIARES NP & FITZ ROY TREK

[6 DAY LOST GLACIARES NP & FITZ ROY TREK](#)

**Trip Duration:** 6 days

**Trip Difficulty:** 

**Destination:** El Calafate

**Begins in:** Mendoza

**Activities:** 



### INCLUDED

- Accommodations, 3 nights in El Chalten, 2 nights in Calafate City
- Ground transportation
- Park Fees
- Expert guides
- Crampons during Perito Moreno ice-trekking excursion
- Breakfast and Lunch

### EXCLUDED

- Airfare
- Tips

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## Ultimate Expeditions®

**The Best Adventures on Earth.**

Ultimate Expeditions® was born out of our need for movement, our connection with nature, and our passion for adventure.

**We Know Travel.** Our staff has traveled extensively to 40-50 countries each and have more than 10 years of experience organizing and leading adventures in all corners of the globe through the world's most unique, remote, beautiful and exhilarating places. We want to share these destinations with you.

**Why Ultimate Expeditions®?** We provide high quality service without the inflated cost. Our goal is to work with you to create the ideal itinerary based on your needs, abilities and desires. We can help you plan every aspect of your trip, providing everything you need for an enjoyable experience.

## 6 DAY LOS GLACIARES NP & FITZ ROY TREK

### Itinerary

#### DAY 1 El Calafate to El Chaltén

The day begins with a transfer from El Calafate to El Chaltén, a tiny outpost next to Los Glaciares National Park which lies at the foot of the breathtaking Mount Fitz Roy. Our route takes us across remote dirt roads passing through open pampas along the northern side of the picturesque Lago Viedma. As we drive, we watch the granite fin of Mt. Fitz Roy rise up behind the turquoise waters of the lakes. Once at our hotel we are free to relax and enjoy the evening. Overnight Hosteria Senderos

#### DAY 2 Laguna Torre

After breakfast, we hike to Laguna Torre a stunning mountain lake with Mount Torre as the backdrop. We hike along the scenic Cerro Torre trail to Base Camp de Agostini and finally Laguna Torre. Here we will take in the western view of Cerro Torre and the Adela Range, watching icebergs float on Laguna Torre as the winds sends them adrift. Following a picnic lunch, we return to our hotel via the same route. Overnight Hosteria Senderos

#### DAY 3 Laguna Los Tres

After breakfast we begin our hike towards Laguna Capri, passing its northern corner and follow the Fitz Roy trail to the Rio Blanco. Along our route, we will enjoy a variety of colorful flowers and several bird species. Finally, we ascend the steep zig-zag trail to Laguna de Los Tres; we are greeted with the stunning scenery of Mt. Fitz Roy and the turquoise blue waters below. Following a picnic lunch, we return to our hotel via the same route. Overnight Hosteria Senderos

#### DAY 4 Loma Del Pliegue Tumbado & El Calafate

Today we will take the path less traveled. As we ascend we will cross small streams and weave in and out through the Lenga forest. The trail widens briefly, allowing for panoramic views of Mount Fitz Roy, Cerro Torre and Huemul Glacier. Upon exiting the forest the landscape changes dramatically to a rocky alpine terrain. On this section of the trail the strong Patagonian winds will be present. From the lookout we will enjoy the stunning views of the Fitz Roy River Canyon, Cerro Torre and the glacier, Madre and Hija Lagoons, Mount Fitz Roy and the Cóndor Lagoon. We return to El Chaltén via the same trail, gather our luggage and transfer back to El Calafate. Once in El Calafate you are free to relax and enjoy the evening. Overnight Hosteria Sierra Nevada

#### DAY 5 Perito Moreno Glacier

After an early breakfast we drive approximately 2 hours to reach Los Glaciares National Park. From here we continue on to Bajo de las Sombras bay where we board a boat; a 20 minute ride on Lago Rico gets us to the southern wall of the glacier. After an informational briefing from our guild, we will put on our crampons and begin the ice trek adventure. Surrounded by spectacular views of the glacier and landscape, the trek completion is celebrated at an ice bar that serves whisky on freshly chopped glacier ice. Following lunch, we continue to the footbridges with multiple viewpoints of the glacier's incredible north side. Here we are free to enjoy at our leisure and after we drive back to Calafate for our final night. Overnight Hosteria Sierra Nevada

#### DAY 6 Transfer to El Calafate Airport

After breakfast, you will be transferred to El Calafate.



## ARGENTINA

### Best Time to Visit

Argentina offers a diverse climate from subtropical in the north to sub-Antarctic in the far south. However, the majority of central Argentina enjoys a moderate climate with hot, humid summers and cool, dry winters and experiences two peak seasons, the summer January and February and the ski season in July. Travelers and costs generally go up during these high seasons but much of the country can be enjoyed from December through March. If planning an Aconcagua Climb, the best time to visit is late November through late February, when weather conditions are favorable. Argentina is located in the Southern Hemisphere and seasons here are opposite of the Northern.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	84	77	79	72	66	61
Average Low (F)	68	66	64	59	52	46

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	59	63	66	72	77	82
Average Low (F)	46	50	52	57	61	64

### Entry Requirements

No visas required for Argentina. A passport valid for six months after date of entry is required.

### Vaccinations

Hepatitis A and Typhoid immunizations are recommended for all travelers. For those traveling to more remote areas: Yellow Fever rarely acquired in Argentina, but immunization should be considered for travel throughout the province of Misiones and portions of Corrientes.

Immunization is also recommended for travelers visiting Iguazú Falls. Rabies — Risk is limited to the Salta and Jujuy provinces.

Dengue presents significant risk in urban and rural areas of northern and northeastern Argentina. Lower risk also exists in the city of Buenos Aires; however, transmission does not occur during the cool winter months of July through September. Dengue is a mosquito-borne illness that is becoming more frequent in tropical and equatorial climates around the world. There are no specific treatments for Dengue and vaccines are still in the developmental phase.



Preventing mosquito bites is the most important way to prevent these illnesses. For further information, please consult the [CDC's Dengue Virus Website](#).

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into South America. This will eliminate any credit card holds for fraudulent activity.

### Currency

Carrying cash or traveler's check, also a credit card that can be used for cash advances in case of emergency is advisable. However, only use your credit card if you have no other option, exchange rates and surcharges are not favorable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is Argentine Peso (ARS), and it is advised to carry hard notes of USD.

### Government

The government of Argentina is a presidential representative democratic republic. The President of Argentina is both head of state and head of government.

### Religion

78% Roman Catholic, 12% Evangelist, 12% agnostic, 4% atheist, Protestant 2%, Jewish 2%, 1.5% Muslim.