



## 6 DAY INCA TRAIL EXPRESS

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**Trip Duration:** 6 days

**Trip Difficulty:**

**Destination:** Peru

**Begins in:** Cusco

**Activities:** 

### INCLUDED

- Airport transfers
- Ground transportation
- Accommodations
- Entrance fees
- Water (boiled)
- Meals as described in itinerary
- 4 person tent, double occupancy
- Foam sleeping pad
- Oxygen & first aid kit
- Expert guides, cook & porters

### EXCLUDED

- Sleeping bags
- Inflatable mattress
- Trekking/hiking poles
- Waynapicchu Mountain hike
- Tips



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**Why Ultimate Expeditions®?** We provide high quality service without the inflated cost. Our goal is to work with you to create the ideal itinerary based on your needs, abilities and desires. We can help you plan every aspect of your trip, providing everything you need for an enjoyable experience.

**Ultimate Expeditions®**

PH: (702) 570-4983

FAX: (702) 570-4986

[Info@UltimateExpeditions.com](mailto:Info@UltimateExpeditions.com)

[www.UltimateExpeditions.com](http://www.UltimateExpeditions.com)

## 6 DAY INCA TRAIL EXPRESS

### Itinerary

#### DAY 1 Arrive Cusco

Arrive Cusco with a transfer to your hotel; a welcome meeting will be organized by your guide for a quick briefing of the tour. The rest of the day can be spent exploring Cusco, the ancient capital of the Inca Empire, set in the Andes Mountains. Discover Spanish churches and mansions that sit alongside Inca remains and enjoy the vibrant nightlife or sampling Peruvian restaurants.

#### DAY 2 Cusco – Trailhead at Km 82 – Camp at Ayapata

Travel by bus from your hotel in Cusco to Ollantaytambo for breakfast and then onto Piskacucho or kilometer 82, where the Inca Trail starts. The hike begins by crossing the Vilcanota River and following its route to the right. The Urubamba mountain range divides the jungle and the Andes. On the way we'll see the Inca sites of, Huillca Raccay and Llactapata, as well as incredible views of the snow-capped Veronica Peak. The 7 mile hike to our first campsite is relatively easy and takes approximately 5 to 6 hours. In the evening, we will unwind at the Ayapata campsite. (Breakfast, Lunch, Dinner)

#### DAY 3 Ayapata Camp – Dead Woman's Pass – Runkuraqqa Pass

Today will be the most challenging day of the trek as you ascend a long steep path to reach the highest point of the trail, known as Dead Woman's Pass or Warmiwanusqa, the site sits at 13,780 feet above sea level. We continue for another 2 hours to reach the Runkuraqqa Pass, which is 12,467 feet above sea level. On the way we will encounter hummingbirds and other birdlife and discover a variety of native plants and trees in the cloud forest. (Breakfast, Lunch, Dinner)

#### DAY 4 Runkuraqqa Pass – Camp at Wiñay Wayna

The trail begins with a gentle climb towards the archaeological site of Phuyupatamarca, which means "Town in the Clouds." This site is located at the third highest point on the trail at 11,811 feet and the views of the mountainscape, canyons and surrounding area are spectacular. A further walk brings us to 3,000 steps, through the cloud forest and the impressive agricultural Inca site of 'Intipata' until we arrive at our campsite Wiñay Wayna. (Breakfast, Lunch, Dinner)

#### DAY 5 Machu Picchu

An early morning start of 4am will get us into Inti Punku or Sun Gate before daybreak and as the sun begins to rise, the dramatic views of Machu Picchu are revealed. We will spend some time here taking photos and upon completing the final steps of the Inca Trail we will visit Machu Picchu itself with a guided tour (approximately 2 hours). After the tour you are free to explore the mysterious city by yourselves.

You will meet your guide in Aguas Calientes for lunch (not included) and given your train tickets that will take you to Ollantaytambo and a final bus transfer will take you to Cusco. It is important to be at the train station 30 minutes before departure train times will be given to you by your guide. (Breakfast)

#### DAY 6 Depart

After breakfast you are transferred to Cusco Airport for departures. (Breakfast)



## PERU

### Best Time to Visit

Peru experiences two main seasons. The dry season, May through October offers sunny blue sky days and chilly nights. November through April is the rainy season with significantly more rain from January through April. Traveling during off-peak season means less crowds, greener scenery and lower rates, however, expect frequent showers, unpredictable weather with varying conditions.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	65	65	66	67	67	66
Average Low (F)	43	43	43	41	36	32

  

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	66	67	68	69	69	69
Average Low (F)	32	35	39	41	42	43

### Entry Requirements

No visas required for Peru. A passport valid for six months after date of entry is required. Visitors must hold return/onward tickets and all documents required for their next destination.

### Vaccinations

Hepatitis A and B, Tetanus, and Typhoid immunizations are recommended for all travelers. Malaria prophylaxis is recommended if you are traveling to jungle regions and you should consult your local doctor or physician to advise which malaria medication is best suited for you. Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the CDC's Internet site at <http://www.cdc.gov/travel>.

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into South America. This will eliminate any credit card holds for fraudulent activity.



### Currency

Carrying cash, an ATM or traveler's check card and also a credit card that can be used for cash advances in case of emergency is advisable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is Peruvian Nuevo Sol (PEN), and it is advised to carry hard notes of USD. Better hotels, lodges, and camps might accept credit cards; however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Peru – is a constitutional republic.

### Religion

Roman Catholic 81.3%, Evangelical 12.5%, other 3.3%, unspecified or none 2.9%.