



## 4 DAY ILLIMANI CLIMB

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**Trip Duration:** 4 days

**Trip Difficulty:**

**Destination:** Bolivia

**Begins in:** La Paz

**Activities:** 

### INCLUDED

- Ground transportation
- Meals during expedition
- Expert guides, porters and cook
- Four-season 2 person tent
- Foam/inflated mattress
- Bottled oxygen
- Crampons, gaiters, harness, ropes, helmet & ice axe

### EXCLUDED

- Airfare
  - Accommodations before/after expedition
  - Beverages
  - Tips
  - Sleeping bag\*
  - Plastic boots\*
- \*available for rent



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**Ultimate Expeditions®**

PH: (702) 570-4983

FAX: (702) 570-4986

[Info@UltimateExpeditions.com](mailto:Info@UltimateExpeditions.com)

[www.UltimateExpeditions.com](http://www.UltimateExpeditions.com)

## 4 DAY ILLIMANI CLIMB

### Itinerary

#### DAY 1 La Paz to Cohoni

We will pick you up from your hotel in La Paz and drive approximately 3-hours in a 4x4 vehicle, until we reach the small town of Cohoni. Here we will meet our porters and mules and once our gear is loaded we will begin our ascent to base camp. As we make our way to camp we will enjoy countryside views and lunch en route prepared by the cook.

#### DAY 2 Base Camp to Condors Nest

After breakfast we trek approximately 5-hours the terrain will be loose rock and scree, until we reach Condors Nest (Nido de Cóndores). As we climb we will enjoy views of Huayna Potosi and Sajama, as well as the beautiful Lake Titicaca. Once at Condors Nest, we will set up camp and enjoy the nightlights of La Paz and El Alto from 18,044 feet above sea level.

#### DAY 3 Condors Nest to Illimani South Peak

In order to reach the summit of Illimani's South Peak before sunrise, we will have an early morning start around midnight. The climb will be on ice and snowy ridges, passing deep crevasses and climbing sloping walls of 65°. The last snowy ridge takes us to the summit and once at the top we will enjoy the views, take photos and then descend back to base camp. Today will be a long day of climbing, approximately 12-15 hours.

#### DAY 4 Base Camp to Cohoni to La Paz

In the morning we descend to the small town of Cohoni, where our vehicle will be waiting to drive us back to La Paz.



## BOLIVIA

### Best Time to Visit

Bolivia has two primary seasons, dry and wet. The dry season runs May through October (winter), this is the high season and is the best time to visit. Temperatures are fair (during the day) the skies are sunny and road conditions are better, making overland travel easier. The wet season is November through April (summer), December-March are the wettest months which makes travel difficult and dangerous. Bolivia can be visited throughout the year depending on where you plan to visit but be well prepared for extreme weather and possible travel delays.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	55	56	56	57	57	55
Average Low (F)	39	39	38	36	32	28

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	55	56	57	58	59	58
Average Low (F)	27	29	32	36	38	38

### Entry Requirements

A tourist visa is required and is valid for 10 years. You can apply for a tourist visa through the Bolivian consulates in the United States. In addition to the visa fee of \$160 USD, you must present a visa application form with a 4cm x 4cm color photograph, a passport valid through the date of departure from Bolivia. Visitors must hold return/onward tickets and all documents required for their next destination as well as evidence of a hotel reservation or a letter of invitation in Spanish, International Vaccination Certificate for yellow fever.

### Vaccinations

It's currently recommended that visitors to have immunizations for hepatitis A, typhoid and yellow fever. You should also make sure your polio and tetanus vaccinations and boosters are up to date. In the case of yellow fever, make sure you get an international vaccination certificate: you may have to show this when entering an infected area or arriving in the Bolivian Amazon from Brazil or Peru, and a certificate is always required when travelling overland to Brazil from Bolivia. Check out the [CDC website](#) for more information.

**High Altitude Health Risks:** The altitude of La Paz ranges from 10,600 feet to over 13,000 feet above sea level. Much of Western Bolivia is at the same altitude or higher, including



Lake Titicaca, the Salar de Uyuni, and the cities of Oruro and Potosi. The altitude alone poses a serious risk of illness, hospitalization and even death, even for those in excellent health.

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into South America. This will eliminate any credit card holds for fraudulent activity.

### Currency

Carrying cash or traveler's check, also a credit card that can be used for cash advances in case of emergency is advisable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is boliviano (BOB), and it is advised to carry hard notes of USD. Better hotels, lodges, and camps will accept credit cards, however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Bolivia government is a framework of a presidential representative democratic republic, whereby the president is head of state, head of government and head of a Diversity multi-party system.

### Religion

The people of Bolivia mostly identify themselves as Roman Catholic at 95%, Protestant (Evangelical Methodist) 5%.