



## 3 DAY BWINDI GORILLA TREK

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**Trip Duration:** 3 days

**Trip Difficulty:** 

**Destination:** Uganda

**Begins in:** Kampala

**Activities:** 



### INCLUDED

- Airport transfers
- Game drives in 4x4 safari vehicle
- Gorilla & chimpanzee permits (if applicable)
- All park fees
- Accommodations
- All meals
- Ground transportation
- Guide / driver
- All Value Added Tax (VAT)

### EXCLUDED

- Airfare
- Beverages
- Tips

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Ultimate Expeditions® was born out of our need for movement, our connection with nature, and our passion for adventure.

**We Know Travel.** Our staff has traveled extensively to 40-50 countries each and have more than 10 years of experience organizing and leading adventures in all corners of the globe through the world's most unique, remote, beautiful and exhilarating places. We want to share these destinations with you.

**Why Ultimate Expeditions®?** We provide high quality service without the inflated cost. Our goal is to work with you to create the ideal itinerary based on your needs, abilities and desires. We can help you plan every aspect of your trip, providing everything you need for an enjoyable experience.

### Ultimate Expeditions®

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## 3 DAY BWINDI GORILLA TREK

### Itinerary

#### DAY 1 Depart for Bwindi Impenetrable Forest

On morning arrival at Entebbe International Airport, you will meet our safari guide representative. We will leave for Bwindi Impenetrable Forest, home to the few remaining mountain gorillas. Bird life and primate life in Bwindi is quite superb, and there is an incredible variety of flora. Once continuous with the forests of the Virunga Volcanoes (Dian Fossey's stomping ground), Bwindi is now an ecological island, surrounded by cultivation on the rich volcanic soils.

#### DAY 2 Gorilla Trekking

We head to the park headquarters for a briefing from the Uganda Wildlife Authority before setting off to the forest to see the gorillas. The ranger guides will take you through the forest to track gorillas, which can take from half an hour to five hours. A reasonable degree of fitness is required as well as a sturdy pair of walking shoes. If you have the afternoon free, you will take a guided village walk to see how the Ugandans live.

#### DAY 3 Transfer to Kampala

We will depart for Kampala arriving in the late afternoon. Lunch en route in Mbarara at Lake View Regency Hotel or Agip Motel. A stop-over is made at the Equator for photography. Transfer to the airport if applicable.



## UGANDA

### Best Time to Visit

Although generally equatorial, the climate is not uniform as the altitude modifies the climate. Southern Uganda is wetter with rain generally spread throughout the year. At Entebbe on the northern shore of Lake Victoria, most rain falls from March to June and the November/December period. Further to the north a dry season gradually emerges at Gulu about 120km from the Sudanese border, November to February is much drier than the rest of the year. The northeastern Karamoja region has the driest climate and is prone to droughts in some years. Rwenzori in the southwest on the border with Congo (DRC) receives heavy rain all year round. The south of the country is heavily influenced by on the world's biggest lakes, Lake Victoria, which contains many islands. It prevents temperatures from varying significantly and increases cloudiness and rainfall.

Gorilla trekking is regarded as a year-round activity, however, the dry seasons January, February and June to September are considered the best time to see the endangered mountain gorillas.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	81	81	79	79	77	77
Average Low (F)	64	64	64	64	64	63

  

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	75	77	79	79	79	79
Average Low (F)	63	63	63	63	64	63

### Entry Requirements

Uganda Visas are issued on arrival. US Citizens pay \$50 entry fees. A passport valid for 3 months after date of entry is required. Visitors must hold return/onward tickets and all documents required for their next destination.

### Vaccinations

Uganda requires proof of a valid Yellow Fever immunization certificate. Hepatitis A and B, Tetanus, and Typhoid immunizations are recommended for all travelers. Malaria prophylaxis is recommended and you should consult your local doctor or physician to advise which malaria medication is best suited for you. Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the CDC's Internet site at <http://www.cdc.gov/travel>



### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into Africa. This will eliminate any credit card holds for fraudulent activity.

### Currency

Carrying cash, an ATM or traveler's check card and also a credit card that can be used for cash advances in case of emergency is advisable. The best places to exchange money are normally bureau de change, which are fast, have longer hours and often give slightly better rates than banks. Local currency is Ugandan Shillings (UGX), however most places accept USD. Better hotels, lodges, and camps will accept credit cards; however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Uganda – is a presidential republic whereby the President is both head of state and head of government.

### Religion

Uganda – 84% Christian, 41.9% Catholic, 35.9% Anglican, 12% Muslim, and 1% traditional religions.