



## 9 DAY MOUNT KENYA CLIMB – SIRIMON CHOGORIA ROUTE

[9 DAY MOUNT KENYA CLIMB – SIRIMON CHOGORIA ROUTE](#)

**Trip Duration:** 9 days

**Trip Difficulty:** 

**Destination:** Kenya

**Begins in:** Nairobi

**Activities:** 



### INCLUDED

- Airport transfers
- Accommodations
- Ground 4x4 transportation
- Mount Kenya Park permits
- Expert guides, assistant guides, cook & porters
- Bottled oxygen
- Four season, 3-person double occupancy tents
- Fresh, nutritious meals on the mountain

### EXCLUDED

- Airfare
- Accommodations before/after trek
- Personal gear & equipment
- Sleeping bags & mattresses
- Tips

### Ultimate Expeditions®

500 N. Michigan Ave., Suite #600  
Chicago, IL 60611

PH: (312) 809-7007

FAX: (312) 348-7223

[Info@UltimateExpeditions.com](mailto:Info@UltimateExpeditions.com)

[www.UltimateExpeditions.com](http://www.UltimateExpeditions.com)

## Ultimate Expeditions®

**The Best Adventures on Earth.**

Ultimate Expeditions® was born out of our need for movement, our connection with nature, and our passion for adventure.

**We Know Travel.** Our staff has traveled extensively to 40-50 countries each and have more than 10 years of experience organizing and leading adventures in all corners of the globe through the world's most unique, remote, beautiful and exhilarating places. We want to share these destinations with you.

**Why Ultimate Expeditions®?** We provide high quality service without the inflated cost. Our goal is to work with you to create the ideal itinerary based on your needs, abilities and desires. We can help you plan every aspect of your trip, providing everything you need for an enjoyable experience.

## 7 DAY MOUNT KENYA CLIMB – SIRIMON CHOGORIA ROUTE

### Itinerary

#### DAY 1 Arrival in Nairobi

Our representative will meet you at the airport and drive you to your hotel in bustling Nairobi. During this meet and greet your guide will discuss the daily activities of your trip.

#### DAY 2 Nairobi (5,889 ft) to Mountain Rock Lodge (6,397 ft)

We leave Nairobi and travel north through diverse agricultural lands to the central highlands until reaching the Mountain Rock Lodge. After lunch we will explore local villages on foot and spend time with our mountain guides. In the evening we will enjoy a forest walk and learn from a local expert about medicinal plants, birds and wildlife in the area. Overnight at Mountain Rock Lodge (6,397 ft). (Breakfast, Lunch and Dinner)

#### DAY 3 Sirimon Gate (8,727 ft) to Old Moses Hut (10,826 ft)

Breakfast is followed by a 1.5 hour transfer to Sirimon Gate, which sits at 8,727 feet above elevation and the starting point of our trek. Today's hike is short, taking no more than 3-hours to reach the first hut. The winding trail passes through dense forest, bamboo and giant heather before opening up to a high moorland. The thick vegetation in the area provides shelter to buffalo, elephants and is packed with a variety of birdlife. Overnight at Old Moses Hut (10,826 ft). (Breakfast, Lunch and Dinner)

#### DAY 4 Old Moses Camp (10,826 ft) Shiptons Camp (13,779 ft)

Today we hike up the sprawling moorland, crossing the Ontulili and Liki rivers and into the Mackinder Valley. Shiptons Camp offers a surreal setting nestled below towering peaks and glaciers with panoramic views up the valley. Overnight at Shiptons Camp (13,779 ft). (Breakfast, Lunch and Dinner)

#### DAY 5 Acclimation Day – Hike to Hausberg Col (15,091 ft)

Today is a dedicated rest day where we will spend one last night at Shiptons Camp before our summit push. Extra days on the trail are invaluable for acclimatization and will make the summit day more enjoyable. It is recommended to hike to Hausberg Col (15,091 ft) or if you are feeling strong you can pass Oblong and Hausberg Tarns to Nanyuki. Overnight at Shiptons Camp (13,779 ft). (Breakfast, Lunch and Dinner)

#### DAY 6 Shiptons Camp (13,779 ft) to Summit (16,354 ft) to Nithi Camp (10,498 ft)

Leaving very early in the morning (around 4am), we continue our way to the summit to catch the sunrise. The trail is a steady ascent up scree and rock with a short 100 foot scramble to the peak. Once at the top we will have time to take photos from Point Lenana and enjoy the plains of Africa, on a clear day Mount Kilimanjaro can be seen on the horizon. We will then descend to Hall Tarns through the beautiful Gorges Valley for breakfast and then onto the Nithi Camp for the evening. Overnight at Nithi Camp (10,498 ft). (Breakfast, Lunch and Dinner)

#### DAY 7 Nithi Camp (10,498 ft) to Meru Bandas (9,842 ft)

Today's descend is approximately 3-hours as we leave Nithi Camp through the forest zone to the mountain cabins. Once at camp you can enjoy a hot shower, log fires, a bed and wildlife viewing. Overnight at Meru Bandas (9,842 ft). (Breakfast, Lunch and Dinner)



**DAY 8 Meru Bandas (9,842 ft) to Chogoria Gate – Transfer to Nairobi**

Our short hike today is roughly 2 hours through the giant bamboo forest. Once at Chogoria Gate we head back to Nairobi about a 4-5 hour drive. Overnight at Nairobi. (Breakfast and lunch)

**DAY 9 Transfer to Nairobi Airport**

Our representative will drive you to the airport in Nairobi for your return flight home.

## KENYA

### Best Time to Visit

Kenya sits on the equator and enjoys a temperate climate, making it a year-round destination. However, the best time to view wildlife in Kenya is during the dry season from late June to October. In July the great migration reaches the Masai Mara and then in October the animals migrate back to the Serengeti in Tanzania.

#### Temperature

Month	Jan	Feb	Mar	Apr	May	Jun
Average High (F)	77	80	80	76	74	73
Average Low (F)	58	58	60	61	59	56

Month	Jul	Aug	Sep	Oct	Nov	Dec
Average High (F)	71	72	76	72	78	75
Average Low (F)	54	54	55	58	60	59

### Entry Requirements

A visa is required for entry into Kenya. Travelers are strongly encouraged to apply online through the e-visa process. The fees are \$50 for a single-entry visa. A passport valid for six months after date of entry and a minimum of two blank (unstamped) pages in the passport are required to enter. Proof of yellow fever immunization is also required.

### Vaccinations

Yellow Fever vaccination is required for all travelers. Hepatitis A and B, Typhoid immunizations are recommended. You should also make sure your polio and tetanus vaccinations and boosters are up to date. Speak with your medical caregiver about Malaria, and you may also consider Meningitis and Rabies vaccinations.

Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the CDC's website.

### Travel Advisories

Make two photocopies of valuables such as your passport, tickets, visas and travelers' cheques. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

Be sure to inform your credit card company as well as your bank you will travel internationally into Africa. This will eliminate any credit card holds for fraudulent activity..



### Currency

Carrying cash, an ATM or traveler's check card and also a credit card that can be used for cash advances in case of emergency is advisable. To obtain local currency it is best to use your debit card and withdraw from the ATM, alternatively you can also exchange money at the banks. Local currency is Kenyan shilling (KES), and it is advised to carry some hard notes of USD. Most establishments accept credit cards; however it is advised to withdraw cash when visiting remote areas and villages.

### Government

Kenya's government is structured as a republic. There are no hereditary political positions and representatives are chosen by the people.

### Religion

The people of Kenya identify themselves as Protestant 45%, Roman Catholic 33%, indigenous beliefs 10%, Muslim 11%, other 1%.